

Candy Cane Bath Salts--12 Jars

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Makes 12 servings.

12 tall Jelly (12 oz) canning jars with lids/rings
2 4 lb boxes Epsom Salts
4 pounds sea salt -OR- kosher Salt
1/2 teaspoon glycerine, divided (non-edible drugstore)
drop Peppermint essential Oil (12-15 drops)
Drop Red Food coloring (12-15 drops)

Empty one carton Epsom Salts into a large mixing bowl.
Add 3 cups salt, stir well.
Stir in 1/4 teaspoon glycerine and 6-8 drops essential oil.
Mix well.

In second bowl, empty one carton Epsom Salts, and add 3 cups salt.
Stir well.
Add 1/4 teaspoon glycerine, 6-8 drops essential oil, and food coloring.
Stir until completely blended.
Color should be even.

Holding a canning jar at an angle, layer salts in jars, alternating white and red mixtures to resemble the stripes in a candy cane.

Fill to the very top so that layers will not shift once you apply the lid.
Attach a tag with instructions:

CANDY CANE BATH SALTS

Add 1/2 cup Bath Salts for a luxurious, relaxing bath.
Enjoy!

VARIATIONS:

Substitute peach essential oil and orange food coloring to make Peaches and Cream Bath Salts. (I would add vanilla essential oil to the white in this case)

Bitter Almond with Vanilla would be great as well for Almond bath salts.

Health & Beauty, Jars For Gifts, Yvonne's Favorites, Holiday Favorites

Per serving (excluding unknown items): 0.0 Calories; 0.0g Fat (0.0% calories from fat); 0.0g Protein; 0.0g Carbohydrate; 0.0mg Cholesterol; 0.0mg Sodium. Exchanges: Free.