

# Re: egyptian body sugaring

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Posted by [Lynsay](#) on July 05, 1999 at 14:27:22:

In Reply to: [Re: egyptian body sugaring](#) posted by constance on April 10, 1998 at 18:44:36:

Hope you find my response more polite, though it is very belated indeed! All the best,  
Lynsay, Scotland, UK.

This is a standard 'recipe' I found for the 'sugaring' type of 'home waxing' solutions.

I make my own now to this recipe, as I was tired of spending 7 pounds Sterling for a pot of melted sugar costing a few pennies!!

There are also 'roll-on' plastic applicators now being sold by the main commercial 'hair-removal' product companies, which are worth purchasing once, as you can then re-use the emptied applicator time and time again with your own homemade 'wax' from the recipe below, saving yourself a fortune. It beats using a wooden spatula by a magnitude, far less messy! Just soak when empty in hot water, they self-clean too as the sugar melts away to nothing!

This was cross-sourced from, originally, as below:-

Subject: [recipesgalore] More Homemade Beauty  
Date: Thu, 10 Sep 1998 10:13:20 EDT  
From: Fourms121@aol.com  
Reply-To: recipesgalore@makelist.com  
To: recipesgalore@makelist.com

A friend gave me this recipe that some of the women might be interested in having for the now popular sugaring method of hair removal. Supposedly it is less painful than waxing and with continued use should help retard regrowth. This stuff is pretty expensive at the beauty supply stores.

\* Exported from MasterCook \*

SUGARING SOLUTION FOR HAIR REMOVAL

Recipe By :

Serving Size : 1 Preparation Time :0:00

Categories : Household

Amount Measure Ingredient -- Preparation Method

-----  
1 lb sugar  
juice of 2 lemons  
1 1/2 tsp glycerine  
strips cotton muslin

Melt the sugar with the lemon juice and simmer very slowly until it is a light golden color. Add the glycerine and mix well. Use the mixture fairly warm. With a spatula apply long panels of sugar solution down the leg and press a strip of muslin into the solution. Wait a moment and then rip of the piece of material pulling towards you and keeping it close to the skin. This should bring the cloth, sugar solution and any hairs away with one pull.

Muslin strips can be washed and reused. This can also be used for facial hair.

END.

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