

Keywords: alcoholic, Cream of Mushroom, Crockpot, Dry Onion Soup Mix, Egg Noodles, E-Mealz, Low-Fat, Main Dishes, Mushrooms, Red Wine, Rice & Grains, Rolls, Top Sirloin, Water Chestnuts

Yield: 6 servings

Cooking Time: 6 hours

Ingredients

1 lbs	lean beef tips
1 can	Cream of mushroom soup
1 can	water chestnuts sliced
1/3 cups	Red Wine, cooking
1	onion soup mix, dry
8 oz	mushrooms, sliced
1 pkg	egg noodles or rice
1 pkg	Crescent rolls

Procedure

1. Mix first 6 ingredients together in crock pot.
2. cover and bake on low for 6 hours
3. serve over egg noodles or rice
4. serve with crescent rolls or fresh bread.