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Recipes to Live By

Recipes take on many forms and purposes. The following were found in a 2001 issue of the Historical Society's newsletter.

Remove freckles: An excellent wash for freckles is made by scraping some horseradish very fine and letting it stand for some hours in buttermilk. Then straining and using the wash morning and night; **or**, powdered nitre, moistened with water and applied to the face morning and night will soon remove freckles without injury to the skin.

To make the hair curl: 1 lb. olive oil, 1 drop oil of origanum, and 1 ¼ drops Oil of rosemary. Mix and apply.

Bright eyes: To give brilliancy to the eyes, shut them early at night and open them early in the morning; let the mind be constantly intent on the acquisition of benevolent feelings. This will scarcely ever fail to impart to the eyes an intelligent and amiable expression.

To preserve eggs for winter use: For every three gallons of water, put in one pt. of fresh slaked lime and ½ pt. common salt. Mix well, then in a dish let down your fresh eggs into it so they roll out without cracking the shell. If fresh eggs are put in, fresh eggs will come out. Families in towns and cities by this plan can have eggs for winter use at summer prices. I have put up forty dozen with entire success.

Pain in the back: Apply a plaster and take daily balsam of copaiba; or apply garlic and hogs lard to the feet.

(The committee has not tested any of the above recipes: therefore, we cannot vouch for their success. However, who knows what can come from the proper mixture!)



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